

# TCS TORONTO WATERFRONT MARATHON

## Virtual Race Information

**In-Person Event:** October 16, 2022

**Virtual Event:** September 16 to October 16, 2022

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### What is the Virtual Race?

- The TCS Toronto Waterfront Marathon Virtual Race will take place from September 16 to October 16, 2022, so you have the flexibility of choosing a date and time that works for you.
- Virtual events: Marathon, Half Marathon or 5K.
- Registration and fundraising for the virtual race will continue to be the same as last year's virtual race and past in-person races. Fundraising will close October 16, 2022.

### What you get:

#### Your Race Kit includes:

- Finisher medal
- ASICS souvenir shirt
- Digital bib and certificate
- Larabar
- Nuun product
- Other partner items (to be confirmed)
- A seamless Race Roster experience from registration to results upload. One platform for all your virtual race needs!
- Race kits will be shipped out at the end of October to all virtual event participants. Your registration includes shipping within Canada to the address given at point of registration.

### When:

- Anytime from Friday, September 16 to Sunday, October 16, 2022.

### Where:

- Anywhere!
- Read the 'Virtual Race Safety Tips' in the Virtual Race FAQs link: <https://www.torontowaterfrontmarathon.com/knowledge-base/?top-category=virtual>

### How:

- You can run or walk the race distance that corresponds to the distance you registered for – Marathon, Half Marathon or 5K.
- You can do the full distance outdoors or indoors at once or break it into smaller increments over several days.
- Once complete, you will visit Race Roster to upload your race time. If you do smaller increments, you will need to upload your cumulative time.